

Stage and Age Group

TECHNICAL	Initial			Basic			Intermediate			Advanced			
	U-6s	U-7s	U-8s	U-9s	U-10s	U-11s	U-12s	U-13s	U-14s	U-15s	U-16s	U-17s	U-18s
1. Passing and Receiving	5	5	5	5	5	5	5	5	5	5	5	5	5
2. Running with the Ball	2	3	3	4	5	4	3	2	1	1	1	1	1
3. Dribbling	5	5	4	4	3	3	2	2	2	2	2	1	1
4. Turning	1	2	3	4	5	5	4	4	4	4	4	4	4
5. Shooting	5	5	5	5	5	5	5	5	5	5	5	5	5
6. Ball Control	2	3	4	5	5	5	5	4	3	3	3	3	3
7. Heading			1	1	2	3	4	4	5	4	3	3	3
8. 1v1 Attacking	2	3	4	5	5	4	4	4	4	3	3	2	2
9. Shielding the ball	1	1	2	2	2	3	3	2	2	2	2	2	2
10. Receiving to Turn	1	1	1	2	2	3	3	4	5	5	4	4	4
11. Crossing and Finishing			1	2	2	3	3	3	3	4	4	4	4
12. 1v1 Defending				1	2	2	3	4	5	4	4	3	3

Relevance/Dedication	Very Low	1	Low	2	Average	3	High	4	Very High	5
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